



**EAST MORICHES**  
— UNION FREE SCHOOL DISTRICT —

# April 2024

## East Moriches Elementary School

### Breakfast Menu

#### Available Daily:


- WG Bagel with Butter or Cream Cheese
- Cold Cereal Variety
- String Cheese
- Variety of Fresh & Cupped Fruits
- Fat Free Chocolate Milk, Fat Free White Milk, or 1% White Milk
- 4 oz 100% Apple, Orange, Tropical Juice


All Breakfast Must Include Fruit

Choice of:  
Fat Free  
Chocolate Milk,  
Fat Free White  
Milk, or 1% White  
Milk

MON	TUES	WED	THURS	FRI
<sup>1</sup> <b>School Closed</b>	<sup>2</sup> Fruit and Yogurt Parfait w/Granola Fruit Choice Milk Choice	<sup>3</sup> Strawberry Stuffed Cream Cheese Bagel Fruit Choice Milk Choice	<sup>4</sup> Bacon, Egg, & Cheese on a WG Bun Fruit Choice Milk Choice	<sup>5</sup> WG Waffles Fruit Choice Milk Choice
<sup>8</sup> Blueberry Muffin Square Fruit Choice Milk Choice	<sup>9</sup> Strawberry Stuffed Cream Cheese Bagel Fruit Choice Milk Choice	<sup>10</sup> CiniMini Fruit Choice Milk Choice	<sup>11</sup> Ham, Egg, & Cheese on a Bun Fruit Choice Milk Choice	<sup>12</sup> Confetti Pancakes Fruit Choice Milk Choice
<sup>15</sup> Chocolate Chip Muffin Fruit Choice Milk Choice	<sup>16</sup> Fruit and Yogurt Parfait w/Granola Fruit Choice Milk Choice	<sup>17</sup> WG French Toast Fruit Choice Milk Choice	<sup>18</sup> Egg, & Cheese on a Bun Fruit Choice Milk Choice	<sup>19</sup> Pancake on a stick Fruit Choice Milk Choice
<b>Spring Break School Closed</b>				
<sup>29</sup> Cinnamon Breakfast Round Fruit Choice Milk Choice	<sup>30</sup> Strawberry Stuffed Cream Cheese Bagel Fruit Choice Milk Choice			

**Powering potential™**

 Denotes item prepared from scratch or speed scratch

 Indicates a Fresh Produce

**Menus are subject to change.**



**Breakfast Meal Price:**  
**\$2.20**

**aramark**  
STUDENT  
NUTRITION

This institution is an equal opportunity providers



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Choice of:  
Fat Free  
Chocolate Milk,  
Fat Free White  
Milk, or 1% White  
Milk

MON	TUES	WED	THURS	FRI
<sup>1</sup> <b>School Closed</b>	<sup>2</sup> CiniMini Fruit Choice Milk Choice	<sup>3</sup> Strawberry Stuffed Cream Cheese Bagel Fruit Choice Milk Choice	<sup>4</sup> Ham & Cheese Melt on a WG Bagel Fruit Choice Milk Choice	<sup>5</sup> WG Waffles Fruit Choice Milk Choice
<sup>8</sup> Chocolate Chip Muffin Fruit Choice Milk Choice	<sup>9</sup> Strawberry Stuffed Cream Cheese Bagel Fruit Choice Milk Choice	<sup>10</sup> Cinnamon Breakfast Round Fruit Choice Milk Choice	<sup>11</sup> Egg & Cheese on a WG Bun Fruit Choice Milk Choice	<sup>12</sup> WG Pancake on a Stick Fruit Choice Milk Choice
<sup>15</sup> Blueberry Muffin Top Fruit Choice Milk Choice	<sup>16</sup> WG Waffles Fruit Choice Milk Choice	<sup>17</sup> CiniMini Fruit Choice Milk Choice	<sup>18</sup> Sausage, Egg & Cheese on a WG Bun Fruit Choice Milk Choice	<sup>19</sup> Chicken Sausage WG Pancakes Bites Fruit Choice Milk Choice
<b>Spring Break School Closed</b>				
<sup>29</sup> Banana Chip Muffin Fruit Choice Milk Choice	<sup>30</sup> WG Waffles Fruit Choice Milk Choice			

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All Lunches Must Include Choice of: Fruits and/or Vegetable And May Include: 1% Low-Fat Milk

MON	TUES	WED	THURS	FRI
<sup>1</sup> <b>School Closed</b>	<sup>2</sup> WG Mozzarella Sticks WG Dinner Roll Fresh Broccoli Fruit Choice	<sup>3</sup> WG Waffles Chicken Sausage Tater Tots Fruit Choice	<sup>4</sup> WG Corn Dog Bites Vegetarian Beans Fruit Choice	<sup>5</sup> WG Cheese or Pepperoni Pizza Romaine Side Salad Fruit Choice
<sup>8</sup> Chicken Patty w/ Cheese on a WG Bun Carrots Fruit Choice	<sup>9</sup> WG Pasta with Meat Sauce WG Dinner Roll Romaine side Salad Fruit Choice	<sup>10</sup> WG French Toast Chicken Sausage Tater Tots Fruit Choice	<sup>11</sup> Hot Dog Vegetarian Beans Fruit Choice	<sup>12</sup> WG Cheese or Pepperoni Pizza Romaine Side Salad Fruit Choice
<sup>15</sup> WG Popcorn Chicken Seasoned Rice Whole Kernel Corn Fruit Choice	<sup>16</sup> Pizza Crunchers with Sauce Broccoli Fruit Choice	<sup>17</sup> WG Waffles Chicken Sausage Tater Tots Fruit Choice	<sup>18</sup> Chicken or Beef Nachos with Cheese Vegetarian Beans Choice of fruit	<sup>19</sup> WG Cheese or Pepperoni Pizza Romaine Side Salad Fruit Choice
<b>Spring Break School Closed</b>				
<sup>29</sup> Boneless Chicken Wings w/Dinner roll Carrots Choice of Fruit	<sup>30</sup> Maxx Sticks w/ Marinara Sauce Fresh Broccoli Choice of Fruit			

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**Lunch Meal Price:**  
**\$3.45**  
**Pizza Served Daily**

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All Lunches Must Include Choice of: Fruits and/or Vegetable And May Include: 1% Low-Fat Milk

MON	TUES	WED	THURS	FRI
<sup>1</sup> <b>School Closed</b>	<sup>2</sup> Mozzarella Sticks w/ Marinara Sauce Fresh Broccoli Fruit Choice	<sup>3</sup> WG French Toast Chicken Sausage French Fries Fruit Choice	<sup>4</sup> Chicken Patty w/ Cheese on a WG Bun Vegetarian Beans Fruit Choice	<sup>5</sup> WG Cheese or Pepperoni Pizza Baby Carrots Fruit Choice
<sup>8</sup> WG Popcorn Chicken Seasoned Rice Whole Kernel Corn	<sup>9</sup> Pizza Crunchers w/ Marinara Sauce Green Beans Fruit Choice	<sup>10</sup> WG Waffles Chicken Sausage Cucumber Coins Fruit Choice	<sup>11</sup> Chicken or Beef Tacos with Cheese Vegetarian Beans Choice of fruit	<sup>12</sup> WG Cheese or Pepperoni Pizza Baby Carrots Fruit Choice
<sup>15</sup> Chicken Nuggets Rice Green Beans Choice of Fruit Choice of Fruit	<sup>16</sup> Homemade Baked Macaroni & Cheese WG Dinner Roll Vegetarian Beans Fruit Choice	<sup>17</sup> WG Pancakes, Egg & Cheese Cucumber Wedges Choice of Fruit	<sup>18</sup> Hamburger or Cheeseburger Roasted Broccoli Choice of Fruit Choice of fruit	<sup>19</sup> WG Cheese or Pepperoni Pizza Baby Carrots Fruit Choice
<b>Spring Break School Closed</b>				
<sup>29</sup> Chicken Patty w/ Cheese on a WG Bun Vegetarian Beans Fruit Choice	<sup>30</sup> WG Pasta with Meat Sauce WG Dinner Roll Romaine side Salad Choice of Fruit			

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