



September 2025

East Moriches Elementary School Breakfast Menu

Available Daily:

WG Bagel
with Butter
or Cream
Cheese
-Cold Cereal
Variety
-Fruit/Granola
Yogurt Parfait
-String Cheese
-Variety of Fresh &
Cupped Fruits
-Fat Free Chocolate
Milk, Fat Free
White Milk, or 1%
White Milk
-4oz 100% Apple,
Orange, Tropical
Juice

All Breakfast
Must Include
Choice of:
Fruits and/or
Vegetable
And May
Include:
Fat Free
Chocolate, Fat
Free White, or
1% Low-Fat
Milk

MON	TUES	WED	THURS	FRI
1	2	3	4	5
		Country Chicken Biscuit Sandwich Applesauce Cup 100% Fruit Juice Choice of Milk	Wild Blueberry Snack'n Waffles Banana 100% Fruit Juice Choice of Milk	Ultimate Apple Cinnamon Breakfast Round Craisins 100% Fruit Juice Choice of Milk
8	9	10	11	12
Cinnamon Raisin Bagel Apple Slices 100% Fruit Juice Choice of Milk	Tony's Breakfast Pizza Orange Wedges 100% Fruit Juice Choice of Milk	Egg & Cheese Croissant Applesauce Cup 100% Fruit Juice Choice of Milk	Apple Frudel Banana 100% Fruit Juice Choice of Milk	Mixed Berry Scone Craisins 100% Fruit Juice Choice of Milk
15	16	17	18	19
Ultimate Chocolate Chip Breakfast Round Apple Slices 100% Fruit Juice Choice of Milk	WG Vanilla Confetti Waffles Orange Wedges 100% Fruit Juice Choice of Milk	Apple Orange Yogurt Smoothie Giant Vanilla Goldfish Applesauce Cup 100% Fruit Juice Choice of Milk	Pancake & Sausage Breakfast Stick Banana 100% Fruit Juice Choice of Milk	Eggo Cinna Bun Crackers Craisins 100% Fruit Juice Choice of Milk
22	23	24	25	26
Blueberry Loaf Apple Slices 100% Fruit Juice Choice of Milk	School Closed Rosh Hashanah		Chocolate Filled Crescent Banana 100% Fruit Juice Choice of Milk	Cinnamon Breakfast Bun Craisins 100% Fruit Juice Choice of Milk
29	30			
Oatmeal Chocolate Chip Bar Apple Slices 100% Fruit Juice Choice of Milk	Cinimini Orange Wedges 100% Fruit Juice Choice of Milk			

Menus are subject to change.



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Receive First Breakfast
Meal Free!

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East Moriches Elementary School

Lunch Menu

Available Daily:

- Popcorn Chicken
- Cheese Pizza
- Turkey & Cheese on WG Kaiser Roll
- Ham & Cheese on WG Kaiser Roll (P)
- WG Bagel & RF String Cheese
- LF Yogurt Parfait
- Rotating Salad
- Fat Free Chocolate Milk, Fat Free White Milk, or 1% White Milk
- 4 Oz 100% Orange Juice, Apple Juice, and Tropical Punch

All Lunches Must Include

Choice of:
Fruits and/or
Vegetable
And May
Include:
Fat Free
Chocolate, Fat
Free White, or
1% Low-Fat
Milk

MON	TUES	WED	THURS	FRI
¹	²	³ Nacho Cheese Walking Taco Kickin Pintos Diced Peaches Choice of Juice & Milk	⁴ Bacon Cheeseburger Celery Sticks Whole Pear Choice of Juice & Milk	⁵ Tony's Cheese Pizza or Pepperoni Pizza Wedges Spinach Side Salad Banana Choice of Juice & Milk
⁸ Chicken Patty Sliders On a Roll Roasted Cauliflower Pear Choice of Juice & Milk	⁹ Turkey Barbacoa Soft Tacos Red Pepper Strips Mandarin Orange Choice of Juice & Milk	¹⁰ Chicken and Vegetable Dumplings Fried Rice Edamame Diced Peaches Choice of Juice & Milk	¹¹ Brunch for Lunch French Toast Sticks Turkey Sausage Tater Tots Warm Cinnamon Apples Choice of Juice & Milk	¹² Tony's Cheese Pizza or Pepperoni Pizza Wedges Carrots Watermelon Choice of Juice & Milk
¹⁵ Mini Chicken Corn Dogs Mac & Cheese Celery Sticks Orange Wedges Choice of Juice & Milk	¹⁶ Taco Pizza Seasoned Refried Beans Strawberry Cup Choice of Juice & Milk	¹⁷ Popcorn Chicken Bowl w/cheese Broccoli Whole Peach Choice of Juice & Milk	¹⁸ WG Buffalo Cheese Pizza Sticks Tater Tots Honeydew Melon Choice of Juice & Milk	¹⁹ Tony's Cheese Pizza or Pepperoni Pizza Wedges Garden Side salad Cantaloupe Choice of Juice & Milk
²² 2 Soft Beef Tacos Black Beans Mandarin Orange Choice of Juice & Milk	²³ School Closed Rosh Hashanah	²⁴	²⁵ Honey Stung Popcorn Chicken WG Biscuit Broccoli Strawberry Cup Choice of Juice & Milk	²⁶ Tony's Cheese Pizza or Pepperoni Pizza Wedges Spinach Side Salad Strawberry Cup Choice of Juice & Milk
²⁹ Popcorn Chicken Lo Mein Red Pepper Strips Applesauce Cup Choice of Juice & Milk	³⁰ Cheeseburger w/pickles and Signature Sauce Vegetarian Beans Whole Pear Choice of Juice & Milk			

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Breakfast Menu

Available Daily:

WG Bagel
with Butter
or Cream
Cheese
-Cold Cereal
Variety
-Fruit/Granola
Yogurt Parfait
-String Cheese
-Variety of Fresh &
Cupped Fruits
-Fat Free Chocolate
Milk, Fat Free
White Milk, or 1%
White Milk
-4oz 100% Apple,
Orange, Tropical
Juice

All Breakfast
Must Include
Choice of:
Fruits and/or
Vegetable
And May
Include:
Fat Free
Chocolate, Fat
Free White, or
1% Low-Fat
Milk

MON	TUES	WED	THURS	FRI
1	2	3	4	5
		Country Chicken Biscuit Sandwich Applesauce Cup 100% Fruit Juice Choice of Milk	Wild Blueberry Snack'n Waffles Banana 100% Fruit Juice Choice of Milk	Ultimate Apple Cinnamon Breakfast Round Craisins 100% Fruit Juice Choice of Milk
8	9	10	11	12
Cinnamon Raisin Bagel Apple Slices 100% Fruit Juice Choice of Milk	Tony's Breakfast Pizza Orange Wedges 100% Fruit Juice Choice of Milk	Egg & Cheese Croissant Applesauce Cup 100% Fruit Juice Choice of Milk	Apple Frudel Banana 100% Fruit Juice Choice of Milk	Mixed Berry Scone Craisins 100% Fruit Juice Choice of Milk
15	16	17	18	19
Ultimate Chocolate Chip Breakfast Round Apple Slices 100% Fruit Juice Choice of Milk	WG Vanilla Confetti Waffles Orange Wedges 100% Fruit Juice Choice of Milk	Apple Orange Yogurt Smoothie Giant Vanilla Goldfish Applesauce Cup 100% Fruit Juice Choice of Milk	Pancake & Sausage Breakfast Stick Banana 100% Fruit Juice Choice of Milk	Eggo Cinna Bun Crackers Craisins 100% Fruit Juice Choice of Milk
22	23	24	25	26
Blueberry Loaf Apple Slices 100% Fruit Juice Choice of Milk	School Closed Rosh Hashanah		Chocolate Filled Crescent Banana 100% Fruit Juice Choice of Milk	Cinnamon Breakfast Bun Craisins 100% Fruit Juice Choice of Milk
29	30			
Oatmeal Chocolate Chip Bar Apple Slices 100% Fruit Juice Choice of Milk	Cinimini Orange Wedges 100% Fruit Juice Choice of Milk			

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Lunch Menu

Available Daily:

-Popcorn Chicken
 -Cheese Pizza
 -Turkey & Cheese on WG Kaiser Roll
 -Ham & Cheese on WG Kaiser Roll (P)
 -WG Bagel & RF String Cheese
 -LF Yogurt Parfait
 -Rotating Salad
 -Fat Free Chocolate Milk, Fat Free White Milk, or 1% White Milk
 - 4 Oz 100% Orange Juice, Apple Juice, and Tropical Punch

All Lunches Must Include

Choice of:
 Fruits and/or Vegetable
 And May Include:
 Fat Free Chocolate, Fat Free White, or 1% Low-Fat Milk

Powering potential.

MON	TUES	WED	THURS	FRI
1	2	3	4	5
		Nacho Cheese Walking Taco Kickin Pintos Diced Peaches Choice of Juice & Milk	Bacon Cheeseburger Celery Sticks Whole Pear Choice of Juice & Milk	Tony's Cheese Pizza or Pepperoni Pizza Wedges Spinach Side Salad Banana Choice of Juice & Milk
8	9	10	11	12
Chicken Patty Sliders On a Roll Roasted Cauliflower Pear Choice of Juice & Milk	Turkey Barbacoa Soft Tacos Red Pepper Strips Mandarin Orange Choice of Juice & Milk	Chicken and Vegetable Dumplings Fried Rice Edamame Diced Peaches Choice of Juice & Milk	Brunch for Lunch French Toast Sticks Turkey Sausage Tater Tots Warm Cinnamon Apples Choice of Juice & Milk	Tony's Cheese Pizza or Pepperoni Pizza Wedges Carrots Watermelon Choice of Juice & Milk
15	16	17	18	19
Mini Chicken Corn Dogs Mac & Cheese Celery Sticks Orange Wedges Choice of Juice & Milk	Taco Pizza Seasoned Refried Beans Strawberry Cup Choice of Juice & Milk	Popcorn Chicken Bowl w/cheese Broccoli Whole Peach Choice of Juice & Milk	WG Buffalo Cheese Pizza Sticks Tater Tots Honeydew Melon Choice of Juice & Milk	Tony's Cheese Pizza or Pepperoni Pizza Wedges Garden Side salad Cantaloupe Choice of Juice & Milk
22	23	24	25	26
2 Soft Beef Tacos Black Beans Mandarin Orange Choice of Juice & Milk	School Closed Rosh Hashanah			Tony's Cheese Pizza or Pepperoni Pizza Wedges Spinach Side Salad Strawberry Cup Choice of Juice & Milk
29	30	Rotating Weekly Panini's <ul style="list-style-type: none"> Week 1 Meatball Parmesan Week 2 BBQ Chicken and Cheddar Week 3 Chicken Fajita Flatbread **LTO** Week 4 Ham & Cheese Week 5 Chicken and Cheese Quesadilla 		
Popcorn Chicken Lo Mein Red Pepper Strips Applesauce Cup Choice of Juice & Milk	Cheeseburger w/pickles and Signature Sauce Vegetarian Beans Whole Pear Choice of Juice & Milk			

**** Chicken Fajita Flatbread LTO** week of 9/15-9/19**

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