



May 2024

East Moriches Middle School Breakfast Menu

Available Daily:

- WG Bagel with Butter or Cream Cheese
- Cold Cereal Variety
- String Cheese
- Variety of Fresh & Cupped Fruits
- Fat Free Chocolate Milk, Fat Free White Milk, or 1% White Milk
- 4 oz 100% Apple, Orange, Tropical Juice

All Breakfast Must Include Fruit

Choice of:
Fat Free
Chocolate Milk,
Fat Free White
Milk, or 1% White
Milk

Powering potential.

 Denotes item prepared from scratch or speed scratch

 Indicates a Fresh Produce

MON	TUES	WED	THURS	FRI
		¹ WG Waffles Fruit Choice Milk Choice	² Sausage, Egg & Cheese on a WG Bun Fruit Choice Milk Choice	³ WG French Toast Sticks Fruit Choice Milk Choice
⁶ Blueberry Muffin Top Fruit Choice Milk Choice	⁷ Strawberry Stuffed Cream Cheese Bagel Fruit Choice Milk Choice	⁸ CiniMini Fruit Choice Milk Choice	⁹ Ham & Cheese Melt on a WG Bagel Fruit Choice Milk Choice	¹⁰ WG Waffles Fruit Choice Milk Choice
¹³ Chocolate Chip Muffin Fruit Choice Milk Choice	¹⁴ Strawberry Stuffed Cream Cheese Bagel Fruit Choice Milk Choice	¹⁵ Cinnamon Breakfast Round Fruit Choice Milk Choice	¹⁶ Egg & Cheese on a WG Bun Fruit Choice Milk Choice	¹⁷ WG Pancake on a stick Fruit Choice Milk Choice
²⁰ Banana Chocolate Chip Muffin Fruit Choice Milk Choice	²¹ WG Waffles Fruit Choice Milk Choice	²² CiniMini Fruit Choice Milk Choice	²³ School Closed	²⁴ School Closed
²⁷ School Closed	²⁸ Cinnamon Breakfast Round Fruit Choice Milk Choice	²⁹ Strawberry Stuffed Cream Cheese Bagel Fruit Choice Milk Choice	³⁰ Sausage, Egg & Cheese on a WG Bun Fruit Choice Milk Choice	³¹ WG French Toast Sticks Fruit Choice Milk Choice

Menus are subject to change.



(Breakfast Meal Price:
\$2.20



This institution is an equal opportunity providers



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MON	TUES	WED	THURS	FRI
		¹ WG Waffles Fruit Choice Milk Choice	² Egg, & Cheese on a WG Bun Fruit Choice Milk Choice	³ WG French Toast Sticks Fruit Choice Milk Choice
⁶ Banana Chocolate Chip Muffin Fruit Choice Milk Choice	⁷ Fruit and Yogurt Parfait w/Granola Fruit Choice Milk Choice	⁸ Strawberry Stuffed Cream Cheese Bagel Fruit Choice Milk Choice	⁹ Bacon, Egg, & Cheese on a WG Bun Fruit Choice Milk Choice	¹⁰ WG Waffles Fruit Choice Milk Choice
¹³ Blueberry Muffin Square Fruit Choice Milk Choice	¹⁴ Strawberry Stuffed Cream Cheese Bagel Fruit Choice Milk Choice	¹⁵ CiniMini Fruit Choice Milk Choice	¹⁶ Ham, Egg, & Cheese on a Bun Fruit Choice Milk Choice	¹⁷ Confetti Pancakes Fruit Choice Milk Choice
²⁰ Chocolate Chip Muffin Fruit Choice Milk Choice	²¹ Fruit and Yogurt Parfait w/Granola Fruit Choice Milk Choice	²² WG French Toast Fruit Choice Milk Choice	²³ School Closed	²⁴ School Closed
²⁷ School Closed	²⁸ WG Waffles Fruit Choice Milk Choice	²⁹ CiniMini Fruit Choice Milk Choice	³⁰ Sausage, Egg, & Cheese on a Bun Fruit Choice Milk Choice	³¹ WG Chicken Sausage Pancake Bites Fruit Choice Milk Choice

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- 4 oz 100% Apple, Orange, Tropical Juice

All Lunches Must Include Choice of: Fruits and/or Vegetable And May Include: 1% Low-Fat Milk

MON	TUES	WED	THURS	FRI
		¹ Sausage, Egg, & Cheese on a Bun Fruit Choice	² Beef Tacos Vegetarian Beans Fruit Choice	³ WG Cheese or Pepperoni Pizza Romaine Side Salad Fruit Choice
⁶ Chicken Patty w/ Cheese on a WG Bun Carrots Fruit Choice	⁷ WG Pasta with Meat Sauce WG Dinner Roll Romaine side Salad Fruit Choice	⁸ WG Waffles Chicken Sausage Tater Tots Fruit Choice	⁹ WG Corn Dog on a stick Vegetarian Beans Fruit Choice	¹⁰ WG Cheese or Pepperoni Pizza Romaine Side Salad Fruit Choice
¹³ Boneless Chicken Wings w/Dinner roll Carrots Fruit Choice	¹⁴ Pizza Crunchers with Sauce Broccoli Fruit Choice	¹⁵ WG French Toast Chicken Sausage Tater Tots Fruit Choice	¹⁶ Hot Dog Vegetarian Beans Fruit Choice	¹⁷ WG Cheese or Pepperoni Pizza Romaine Side Salad Fruit Choice
²⁰ WG Popcorn Chicken Seasoned Rice Whole Kernel Corn Fruit Choice	²¹ Budget Vote Day - Turkey & Cheese, Ham & Cheese (P), Bagel Butter or Cream Cheese, Choice of Fruit	²² WG Waffles Chicken Sausage Tater Tots Fruit Choice	²³ School Closed	²⁴ School Closed
²⁷ School Closed	²⁸ Maxx Sticks w/ Marinara Sauce Fresh Broccoli Fruit Choice	²⁹ WG Pancakes Chicken Sausage Tater Tots Fruit Choice	³⁰ Hamburger or Cheeseburger on a WG Bun Broccoli Fruit Choice	³¹ WG Cheese or Pepperoni Pizza Romaine Side Salad Fruit Choice

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Lunch Meal Price:
\$3.45

Pizza Served Daily



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MON	TUES	WED	THURS	FRI
		1	2	3
		WG Waffles Chicken Sausage Cucumber Coins Fruit Choice	WG Corn Dog on a stick Vegetarian Beans Fruit Choice	WG Cheese or Pepperoni Pizza Baby Carrots Fruit Choice
6	7	8	9	10
Chicken Patty w/ Cheese on a WG Bun Vegetarian Beans Fruit Choice	WG Pasta with Meat Sauce WG Dinner Roll Romaine side Salad Fruit Choice	WG French Toast Chicken Sausage French Fries Fruit Choice	Hot Dog on a WG Bun Vegetarian Beans Fruit Choice	WG Cheese or Pepperoni Pizza Baby Carrots Fruit Choice
13	14	15	16	17
WG Popcorn Chicken Seasoned Rice Whole Kernel Corn Fruit Choice	Mozzarella Sticks w/ Marinara Sauce Fresh Broccoli Fruit Choice	WG Waffles Chicken Sausage Cucumber Coins Fruit Choice	Chicken or Beef Tacos with Cheese Vegetarian Beans Fruit Choice	WG Cheese or Pepperoni Pizza Baby Carrots Fruit Choice
20	21	22	23	24
Chicken Nuggets Rice Green Beans Choice of Fruit Fruit Choice	Pizza Crunchers with Sauce Broccoli Fruit Choice	WG Pancakes, Egg & Cheese Cucumber Wedges Fruit Choice	School Closed	School Closed
27	28	29	30	31
School Closed	Maxx Sticks w/ Marinara Sauce Fresh Broccoli Fruit Choice	Sausage, Egg, & Cheese on a Bun Fruit Choice	Chicken or Beef Tacos Vegetarian Beans Fruit Choice	WG Cheese or Pepperoni Pizza Baby Carrots Fruit Choice

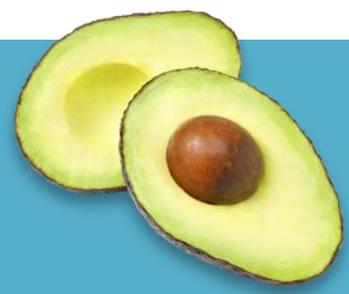


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