



# May 2024

## East Moriches Middle School

### Breakfast Menu


#### Available Daily:


- WG Bagel with Butter or Cream Cheese
- Cold Cereal Variety
- String Cheese
- Variety of Fresh & Cupped Fruits
- Fat Free Chocolate Milk, Fat Free White Milk, or 1% White Milk
- 4 oz 100% Apple, Orange, Tropical Juice

All Breakfast Must Include Fruit

Choice of:  
Fat Free  
Chocolate Milk,  
Fat Free White  
Milk, or 1% White  
Milk

### Powering potential.

 Denotes item prepared from scratch or speed scratch

 Indicates a Fresh Produce

MON	TUES	WED	THURS	FRI
		<sup>1</sup> WG Waffles Fruit Choice Milk Choice	<sup>2</sup> Sausage, Egg & Cheese on a WG Bun Fruit Choice Milk Choice	<sup>3</sup> WG French Toast Sticks Fruit Choice Milk Choice
<sup>6</sup> Blueberry Muffin Top Fruit Choice Milk Choice	<sup>7</sup> Strawberry Stuffed Cream Cheese Bagel Fruit Choice Milk Choice	<sup>8</sup> CiniMini Fruit Choice Milk Choice	<sup>9</sup> Ham & Cheese Melt on a WG Bagel Fruit Choice Milk Choice	<sup>10</sup> WG Waffles Fruit Choice Milk Choice
<sup>13</sup> Chocolate Chip Muffin Fruit Choice Milk Choice	<sup>14</sup> Strawberry Stuffed Cream Cheese Bagel Fruit Choice Milk Choice	<sup>15</sup> Cinnamon Breakfast Round Fruit Choice Milk Choice	<sup>16</sup> Egg & Cheese on a WG Bun Fruit Choice Milk Choice	<sup>17</sup> WG Pancake on a stick Fruit Choice Milk Choice
<sup>20</sup> Banana Chocolate Chip Muffin Fruit Choice Milk Choice	<sup>21</sup> WG Waffles Fruit Choice Milk Choice	<sup>22</sup> CiniMini Fruit Choice Milk Choice	<sup>23</sup> School Closed	<sup>24</sup> School Closed
<sup>27</sup> School Closed	<sup>28</sup> Cinnamon Breakfast Round Fruit Choice Milk Choice	<sup>29</sup> Strawberry Stuffed Cream Cheese Bagel Fruit Choice Milk Choice	<sup>30</sup> Sausage, Egg & Cheese on a WG Bun Fruit Choice Milk Choice	<sup>31</sup> WG French Toast Sticks Fruit Choice Milk Choice

Menus are subject to change.



(Breakfast Meal Price:  
\$2.20

**aramark**  
STUDENT  
NUTRITION

This institution is an equal  
opportunity providers



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All Breakfast Must Include Fruit

Choice of:  
Fat Free  
Chocolate Milk,  
Fat Free White  
Milk, or 1% White  
Milk

MON	TUES	WED	THURS	FRI
		<sup>1</sup> WG Waffles Fruit Choice Milk Choice	<sup>2</sup> Egg, & Cheese on a WG Bun Fruit Choice Milk Choice	<sup>3</sup> WG French Toast Sticks Fruit Choice Milk Choice
<sup>6</sup> Banana Chocolate Chip Muffin Fruit Choice Milk Choice	<sup>7</sup> Fruit and Yogurt Parfait w/Granola Fruit Choice Milk Choice	<sup>8</sup> Strawberry Stuffed Cream Cheese Bagel Fruit Choice Milk Choice	<sup>9</sup> Bacon, Egg, & Cheese on a WG Bun Fruit Choice Milk Choice	<sup>10</sup> WG Waffles Fruit Choice Milk Choice
<sup>13</sup> Blueberry Muffin Square Fruit Choice Milk Choice	<sup>14</sup> Strawberry Stuffed Cream Cheese Bagel Fruit Choice Milk Choice	<sup>15</sup> CiniMini Fruit Choice Milk Choice	<sup>16</sup> Ham, Egg, & Cheese on a Bun Fruit Choice Milk Choice	<sup>17</sup> Confetti Pancakes Fruit Choice Milk Choice
<sup>20</sup> Chocolate Chip Muffin Fruit Choice Milk Choice	<sup>21</sup> Fruit and Yogurt Parfait w/Granola Fruit Choice Milk Choice	<sup>22</sup> WG French Toast Fruit Choice Milk Choice	<sup>23</sup> School Closed	<sup>24</sup> School Closed
<sup>27</sup> School Closed	<sup>28</sup> WG Waffles Fruit Choice Milk Choice	<sup>29</sup> CiniMini Fruit Choice Milk Choice	<sup>30</sup> Sausage, Egg, & Cheese on a Bun Fruit Choice Milk Choice	<sup>31</sup> WG Chicken Sausage Pancake Bites Fruit Choice Milk Choice

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Powering  
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## East Moriches Elementary School Lunch Menu

### Available Daily:

- WG Bagel with Butter or Cream Cheese
- Cold Cereal Variety
- String Cheese
- Variety of Fresh & Cupped Fruits
- Fat Free Chocolate Milk, Fat Free White Milk, or 1% White Milk
- 4 oz 100% Apple, Orange, Tropical Juice

All Lunches Must Include Choice of: Fruits and/or Vegetable And May Include: 1% Low-Fat Milk

MON	TUES	WED	THURS	FRI
		<sup>1</sup> Sausage, Egg, & Cheese on a Bun Fruit Choice	<sup>2</sup> Beef Tacos Vegetarian Beans Fruit Choice	<sup>3</sup> WG Cheese or Pepperoni Pizza Romaine Side Salad Fruit Choice
<sup>6</sup> Chicken Patty w/ Cheese on a WG Bun Carrots Fruit Choice	<sup>7</sup> WG Pasta with Meat Sauce WG Dinner Roll Romaine side Salad Fruit Choice	<sup>8</sup> WG Waffles Chicken Sausage Tater Tots Fruit Choice	<sup>9</sup> WG Corn Dog on a stick Vegetarian Beans Fruit Choice	<sup>10</sup> WG Cheese or Pepperoni Pizza Romaine Side Salad Fruit Choice
<sup>13</sup> Boneless Chicken Wings w/Dinner roll Carrots Fruit Choice	<sup>14</sup> Pizza Crunchers with Sauce Broccoli Fruit Choice	<sup>15</sup> WG French Toast Chicken Sausage Tater Tots Fruit Choice	<sup>16</sup> Hot Dog Vegetarian Beans Fruit Choice	<sup>17</sup> WG Cheese or Pepperoni Pizza Romaine Side Salad Fruit Choice
<sup>20</sup> WG Popcorn Chicken Seasoned Rice Whole Kernel Corn Fruit Choice	<sup>21</sup> Budget Vote Day - Turkey & Cheese, Ham & Cheese (P), Bagel Butter or Cream Cheese, Choice of Fruit	<sup>22</sup> WG Waffles Chicken Sausage Tater Tots Fruit Choice	<sup>23</sup> School Closed	<sup>24</sup> School Closed
<sup>27</sup> School Closed	<sup>28</sup> Maxx Sticks w/ Marinara Sauce Fresh Broccoli Fruit Choice	<sup>29</sup> WG Pancakes Chicken Sausage Tater Tots Fruit Choice	<sup>30</sup> Hamburger or Cheeseburger on a WG Bun Broccoli Fruit Choice	<sup>31</sup> WG Cheese or Pepperoni Pizza Romaine Side Salad Fruit Choice



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Lunch Meal Price:  
\$3.45  
Pizza Served Daily

**aramark**  
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- 4 oz 100% Apple, Orange, Tropical Juice

All Lunches Must Include Choice of: Fruits and/or Vegetable And May Include: 1% Low-Fat Milk

MON	TUES	WED	THURS	FRI
		<sup>1</sup> WG Waffles Chicken Sausage Cucumber Coins Fruit Choice	<sup>2</sup> WG Corn Dog on a stick Vegetarian Beans Fruit Choice	<sup>3</sup> WG Cheese or Pepperoni Pizza Baby Carrots Fruit Choice
<sup>6</sup> Chicken Patty w/ Cheese on a WG Bun Vegetarian Beans Fruit Choice	<sup>7</sup> WG Pasta with Meat Sauce WG Dinner Roll Romaine side Salad Fruit Choice	<sup>8</sup> WG French Toast Chicken Sausage French Fries Fruit Choice	<sup>9</sup> Hot Dog on a WG Bun Vegetarian Beans Fruit Choice	<sup>10</sup> WG Cheese or Pepperoni Pizza Baby Carrots Fruit Choice
<sup>13</sup> WG Popcorn Chicken Seasoned Rice Whole Kernel Corn Fruit Choice	<sup>14</sup> Mozzarella Sticks w/ Marinara Sauce Fresh Broccoli Fruit Choice	<sup>15</sup> WG Waffles Chicken Sausage Cucumber Coins Fruit Choice	<sup>16</sup> Chicken or Beef Tacos with Cheese Vegetarian Beans Fruit Choice	<sup>17</sup> WG Cheese or Pepperoni Pizza Baby Carrots Fruit Choice
<sup>20</sup> Chicken Nuggets Rice Green Beans Choice of Fruit Fruit Choice	<sup>21</sup> Pizza Crunchers with Sauce Broccoli Fruit Choice	<sup>22</sup> WG Pancakes, Egg & Cheese Cucumber Wedges Fruit Choice	<sup>23</sup> School Closed	<sup>24</sup> School Closed
<sup>27</sup> School Closed	<sup>28</sup> Maxx Sticks w/ Marinara Sauce Fresh Broccoli Fruit Choice	<sup>29</sup> Sausage, Egg, & Cheese on a Bun Fruit Choice	<sup>30</sup> Chicken or Beef Tacos Vegetarian Beans Fruit Choice	<sup>31</sup> WG Cheese or Pepperoni Pizza Baby Carrots Fruit Choice



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